

### **Documentation Guidelines for Psychological Disabilities**

Students diagnosed with psychological conditions are required to submit documentation prior to receiving accommodations or services. These guidelines describe the necessary components for acceptable documentation from your health care provider (psychologist, psychiatrist, psychiatric nurse practitioner, or clinical social worker). DSM-IV diagnosis and description of the psychiatric condition, its severity, and related medications and treatments should include the following information:

- A narrative clinical summary with the date of the most recent visit (dated within the last six months)
- The diagnostic tests or criteria used to make the diagnosis **or** a brief history if this practitioner was not the evaluator
- A brief history and current status of the condition
- How the condition, medication and any resulting side effects could compromise function in a college setting
- A list of accommodations that have been provided in the past
- A list of accommodations that are recommended to address these specific functional limitations and their rationale
- The health care provider's name, title, address, phone number and signature

Students are encouraged to provide their care providers with a copy of these guidelines.