

Horizons Extra

Fall 2013

Lifelong Education at Colby-Sawyer College

Lecture Series Trilogy Breaks New Ground

This fall Adventures in Learning will break new ground with the first in a succession of multiple-speaker lecture series dealing with pivotal epochs in the development of Western civilization. Entitled, "Seeing the World Anew: The Renaissance, The Reformation and The Enlightenment," the trilogy is dedicated to the memory of Vice Admiral (ret.) Julien J. LeBourgeois, a founder of AIL and a driving force during its critical early years, who passed away last September.

One of the program innovations Julien championed was the lecture series featuring different speakers each week. It was thought appropriate to honor him with a lecture series trilogy linked thematically by a subject matter that was close to his heart.

The first lecture series opens in September with a detailed look at the Italian Renaissance, which witnessed an unprecedented flowering of literature, the arts, architecture, philosophy, religion and politics. Lecture series on the Reformation and the Enlightenment will follow in the fall of 2014 and 2015, respectively.

AIL is also breaking new ground with the time slot of the Renaissance lecture series, which will be held in Clements Hall on the college campus from 4 to 6 p.m. "We hope the later time will attract a new, additional audience of people in our community who are unable to attend classes earlier in the day," notes Julie Machen, co-moderator of the lecture series. "It's one of our community outreach initiatives." As a special concession, non-members are welcome to attend the course for a \$5 supplementary fee.

Julie will be one of six accomplished and popular speakers who will address various aspects of the Italian Renaissance. Her topic is religion and, in particular, six popes and a preacher who dominated the period. The series will open with my introductory lecture on what caused the cultural movement known as the Renaissance and why it started in Florence. Mike Moss will follow, profiling the leading artists of the time and discussing their considerable impact on Western art. Jack Barrett will then explore the essential tenets of Renaissance architecture and how it became the visual embodiment of



Julien LeBourgeois

In this issue:

Page 2

- Study Leader Profile: Buffy Draper McPhee
- Don't Throw Away the Key!

Page 3

- Preview of Fall 2013 Courses

Page 4

- Storefront has arrived!

Page 5

- Transcendentalism Class Heads to Concord, Mass.

Page 6

- Trip to Northern Spain

Page 7

- All Happenings

Page 8

- ILEAD Announcement



Breaking News:

Janet and Marianne have new offices in Colby Homestead. The Adventures in Learning entrance is now on the far left-hand side of the building, and their offices are just inside the door. New direction signs are on order and should be posted soon.

Continued on page 4



Buffy Draper McPhee

Study Leader Profile

Buffy Draper McPhee: Nourish the Body, Nourish the Spirit

If you've ever wondered how to use those leftovers in the fridge or what to do with that odd-looking vegetable at the market, then Buffy Draper McPhee has some suggestions. In her four-week minicourse "Beautiful Soup," Buffy will share her experience and inspiration with participants as they cook together.

Although she is a New England native, Buffy has lived and worked wherever her searching has taken her. Connecticut, Chicago, Yosemite, Juneau, Scotland and now Wilmot are places she has called home. After such a peripatetic life, Buffy chose New Hampshire as a good place to raise her sons, a place to establish roots.

Buffy's cooking experience, ranging from the Findhorn Foundation and the Argyll Hotel in the Scottish Highlands to California to various New Hampshire inns and restaurants, has contributed to her current focus of feeding the hungry. Buffy cooks soups for the Good Day Respite program and Feed the Freezer, filling the Newport Food Pantry freezer every other month and making sure that the clients have delicious, healthful meals. She is also the personal chef and caregiver for elders in the New London area.

Her love of cooking blossomed at the Findhorn

Foundation, a spiritual community, where she began preparing breads, soups, yogurt and salads. She worked there as the program grew from serving 70 people for lunch to over 200. Her two years at Findhorn and her year at the Argyll Hotel in the Hebrides helped build the foundation of what has become her life's work.

Buffy's philosophy of cooking is based on using the freshest local ingredients to make wholesome, nourishing soups. She respects the ingredients and the farmers who grow them. Her aim is to build confidence in the course participants so that they, too, can create delicious and imaginative soups with relatively few ingredients. No gourmet experience is necessary for this course, just the willingness to spend time preparing good food.

As the cooler weather approaches, the pleasure of making soup increases. With the bounty of local harvests and a few staples found in most pantries, anyone can produce a great soup. The entire process of buying and preparing the ingredients to serving the final product is a satisfying one, giving pleasure to the cook and to the hungry recipients alike. Participating cooks in Buffy's minicourse will have a taste of something wonderful to take home, something tangible to nourish the body and nourish the spirit as winter approaches.

~Jennifer Mack

Don't Throw Away the Key!

The outlook for a New Hampshire woman who is jailed or imprisoned is not encouraging. Chances are she is poor or undereducated with limited job skills. She may very well be an unemployed single mother or have a problem with substance abuse. She may have been treated for a mental illness. She is housed in a crowded facility with an overworked staff. Even after she has served her time, life can be very difficult. If she has been convicted of a felony, she can never be a nurse or work in any medical-related field. She cannot be a hairdresser or barber; she cannot

be a teacher or policewoman. The list goes on.

Liz Tenterelli of Newbury and Peg Fargo of Bow have immersed themselves in this subject for the last several years. They are the study group leaders for the fall Adventures in Learning course "Don't Throw Away the Key: Women Incarcerated in New Hampshire." Both women are active in the New Hampshire League of Women Voters – Liz as co-president and Peg as vice president. Together they led a two-year league state study on the incarceration of women in New Hampshire. They found there was so much to learn and so much



Liz Tenterelli



Peg Fargo

material to cover that the two-year study turned into a three-year project.

Liz said, "We went into this absolutely cold. We knew next to nothing about women in the houses of correction or in the women's prison. We had little idea of what we were getting into." The two women read everything they could find on

Continued on page 5

Preview of 2013 Fall Courses

Registration is now open for fall courses that begin the week of September 16. To view the complete fall course catalog and a full description of each course, click on www.colby-sawyer.edu/adventures/courses.html. On this same webpage you can now click on a link to pay membership dues, register and pay for your courses. The registration deadline is Friday, August 16. Register now to ensure a place in the course(s) of your choice.

- **Follow the Water: All about Watersheds** with June Fichter and Robert Wood
This course will cover the basics of watersheds, watershed "services" and related topics. It will also include discussion on climate change, adaptation and public policy as relating to watersheds.
- **Beautiful Soup** with Buffy Draper McPhee
Using local ingredients, blended with herbs and spices and presented in beautiful ways, participants will prepare hearty, wholesome, nutritious and delicious soups. Learn what "Bubble n' Squeak" and "Leek n' Tattie" are!
- **Don't Throw Away the Key: Women Incarcerated in New Hampshire** with Liz Tentarelli and Peg Fargo
This course will examine recent trends in incarceration of women convicted of crimes, specifics of their treatment in New Hampshire and possible remedies to the current situation of an aging and overcrowded women's prison system.
- **The Dead Sea Scrolls and the World to Come** with Art Rosen
This lecture course will examine and review the pre-historic documents left behind by the Dead Sea Scrolls Community that have implications for our understanding today of the Bible, Judaism and Christianity.
- **The Pipe Organ: Its History and Its Music** with David Almond
The pipe organ remains one of the most fascinating examples of technology put to aesthetic use. This four-week course will give participants the opportunity to hear and discuss live performances of music composed for the organ in the last six centuries.
- **Job and Contemporary Wrestlers** with Sarah Drew Reeves
Participants will wrestle with this ancient work that has challenged and captivated the West almost since it was written, calling on contemporary commentators' thoughts and opinions to help us understand this timeless work. **cancelled**
- **Figure Drawing** with Chris Bowditch
Designed for beginners and those who want to build their skills, this course will focus on basic figure drawing techniques. New skills in figure drawing will be introduced starting with proportions of the body and face.
- **Afternoon Tea with Marcel Proust** with André Hurtgen
Participants will examine the vast fabric of intertwined conflicts of love and hate, jealousy, scandals, social rivalries, anti-semitism and sex in *Swann's Way*. Throughout it records the passing of time and its irreversible effects, all seen through the eyes of a man seemingly incapable of finding meaning in his life.
- **The Italian Renaissance – A Closer Look**
Seeing the World Anew: The Renaissance, the Reformation and the Enlightenment
Part I of the Julien LeBourgeois Memorial Lecture Trilogy with moderators Morris Edwards and Julie Machen
This special lecture series trilogy covers three pivotal epochs in the history of Western civilization. The series will commence this fall with a closer look at the Italian Renaissance, followed in the fall of 2014 by a lecture series on the Reformation, concluding with the Enlightenment to be offered in the fall of 2015.
NOTE: Non-members may sign up for this course for an additional \$5 fee.
- **The End of Life, a Discussion Among Friends** with Gardner Yenawine
NOTE: Due to an existing wait list from prior course offerings, registrations will be accepted on a wait-list basis only. Please call the office at 603-526-3690 to be added to the waiting list.
Each class session will begin with a presentation by an expert on one of four topics related to our end of life issues: medical, legal, spiritual/religious and community. The second hour of each session will include a discussion led by a member of the course leadership team.
- **Eighty Years of Social Change in the U.S. – 1933-2013** with Hilary Cleveland
NOTE: Due to an existing wait list from prior course offerings, registrations will be accepted on a wait-list basis only. Please call the office at 603-526-3690 to be added to the waiting list.
The social fabric of the United States has changed drastically in the last 80 years. Some of this is due to immigration, some due to legislation and much due to the media. Lively discussion and participation are encouraged.

Continued on page 4

Preview of 2013 Fall Courses (continued from page 4)

- **The Psyche of Five Prolific Composers** with Charlotte Brook-Signor
Charlotte will lead an exploration of the lives of Telemann, Haydn, Rossini, Schubert and Brahms, all highly prolific composers. Participants will consider what drove these composers to their abundant creativity.
- **Vikings: Forays of the Northmen** with Bill Tighe
Participants will explore the history of the colorful Vikings, their many conquests, legendary sagas, and cultural history. The course will examine the music and storytelling greats, Edvard Grieg and Hans Christian Anderson.

~Joyce Kellogg

Register and Pay On-Line! Storefront has arrived!

Colby-Sawyer College's secure and protected online payment service, **Storefront**, debuted in summer 2013 for AIL. Despite a few minor glitches, we have received many positive comments. AIL board member Dan Schneider, after using **Storefront** for the first time, wrote, "It was clear, easy and worked perfectly."

Benefits

By registering and paying online for AIL courses, you will know immediately if you are registered or if the course is full. If the course is full, you are encouraged to sign up for your 2nd choice course. You may call the office at 526-3690 and speak with Janet to be added to a waiting list. With the introduction of **Storefront** to AIL, the lottery has been eliminated.

At checkout, you will be given the option of paying with a credit card or check. If you entered your email address, you will receive an email confirming your payment.

Checks will still be accepted via U.S.P.S. mail or drop-off for either membership payment or course registrations, but you take a chance that a course may be full as a result of people registering online.

Our goal is to have as many AIL participants as possible using

How to Use Storefront:

Step-by-step instructions can be found by clicking on the link: <http://www.colby-sawyer.edu/adventures/courses.html>. This page includes directions on how to use **Storefront**, as well as direct links to paying your dues and registering for courses online.

One important item to alert you of is that the "State" field on the check-out screen must be manually entered.

If you do not enter your state and you click "Submit," **Storefront** will revert back to the check-out screen and you must enter your credit card number again. **Storefront** does not store credit card numbers.

Storefront to provide a more efficient registration and payment system. If you encounter any problems, we encourage you to call the office for assistance. To speak with Janet call 526-3690 or to speak with Marianne call 526-3434. As an old cereal commercial said, "Try it, you'll like it!"



Visit the Adventures in Learning website at colby-sawyer.edu/adventures to view articles, photos and the fall 2013 course catalog.

Lecture Series Trilogy Breaks New Ground (continued from page 1)

what the cultural movement stood for.

David Pook returns to put his unmistakable imprint on the remarkable rise of Neo-Platonism and its crucial influence on the Renaissance. Finally Tom Galligan will assess

Machiavelli, the parent of political science, and analyze his famous text, *The Prince*.

It all starts on Wednesday, September 18 at 4 p.m. We hope Julien would have approved.

~Morris Edwards

Transcendentalism Class Heads to Concord, Mass.

Undaunted by the chilly, damp weather, 12 participants in my spring course "New England Transcendentalism" made the trip to Concord, Mass. on May 23. There we were treated to our own docent at the Concord Museum, who, knowing that we had been taking a course in Transcendentalism, highlighted the Transcendentalist people, places and related displays in the museum.

Some of the group went on to the Walden Pond State Reservation where Thoreau's cabin had stood, others went to Louisa May Alcott's home where, unknown to us, it was the anniversary of Anna Alcott's (Louisa's sister) wedding. Her wedding dress had been laid out on her bed and a bouquet of lily of the valley from the front yard was displayed, exactly as had been done on her wedding day.

Our trip concluded at the Old North Bridge where we saw the Hawthorne vegetable garden being planted. It was Hawthorne's garden from which famous American sculpture Daniel Chester French took turnips as a child to practice carving. Just across the bridge, we viewed French's bronzed sculpture



In conjunction with her spring 2013 AIL course "The New England Transcendentalists," study leader Joanna Henderson organized a trip to Concord, Mass. Some of the trip participants are pictured here in front of the Louise May Alcott home. Back row, left to right: Don Clark, Janet Howe, Deb Perkins, Jeanie Plant. Front row, left to right: Bunny Keeshan, Gail Goddard, Joanna, Cindy Marshall

of the Minute Man. All agreed we were glad we had endured the elements to come to the place that was the heart of the Transcendentalists.

~Joanna Henderson, study group leader

Don't Throw Away the Key (continued from page 2)

the subject, visited the houses of correction and the women's prison, spoke with inmates and staff, met with state government officials and gathered enough information to launch the league study.

Women are in a house of correction for less than a year. They may be waiting for a trial or are sentenced for a lesser offense. If a woman has been convicted of a more serious crime, she will serve her sentence in the women's prison for at least a year. The rate of recidivism is high. Consequently Liz and Peg stress the importance of preparing the women, while they are incarcerated, with

education and programs to help them when they are released.

The New Hampshire Women's Prison in Goffstown is a major concern. It is overcrowded, old and ill-suited for the needs of women and the services and programs they should have. But Peg has said that there is hope and that some progress is being made for the better treatment of women. Legislators are saying that something must be done, and that there is more public awareness of the sorry situation.

Another big worry is the care of children affected by incarceration. Almost half of the inmates in the

houses of correction and in the prison are mothers. Many of them are single, many with small children who are cared for by grandparents or friends, or the children are put into foster care.

Realizing how little the general public knows about incarcerated women and their problems, Peg and Liz feel it is important "to take this show on the road." Hence this AIL course is designed to inform us of a situation which is not unique to New Hampshire but is nevertheless close to home.

~Heidi Beckwith

Trip to Northern Spain

On May 20, 2013, fourteen stalwart travelers, including AIL members, Colby-Sawyer alumni and friends of the college embarked on a ten-day foray to northern Spain with President Tom Galligan, his wife, Susan, and Professor Randy Hanson. They traveled to Madrid, Toledo, Segovia, Lerma, Burgos, Bilbao and San Sebastian in Basque country. They learned about the historical significance of each region, tasted each region's unique foods and drank the local wines. The cathedrals and palaces were unparalleled in beauty. Each well-preserved city had a distinct personality and each region had a specialty for the palate.

Some trip highlights include:

- Madrid, the delightful capitol city, with its green parks, colorful gardens, lovely plazas, alive in the evening with sidewalk cafes and street art and home to the magnificent El Prado Art Museum filled with masterpieces by Spanish artists such as Francisco de Goya and Diego Velázquez;

- A Magnificent Roman aqueduct in Segovia with its arches still standing tall, and the Alcazar, the multi-turreted and gabled castle towering over the city that is the former palace of monarchs, including Isabella and Ferdinand;

- Castille, home to the most beautiful of Spanish gothic cathedrals constructed between the 13th and 19th centuries and currently in the final stages of restoration; and



One of the many highlights of the trip was Burgos Cathedral, constructed between 1221 and 1567 and famous for its vast size and unique Gothic architecture. The cathedral was designated a World Heritage Site by UNESCO in 1984.

PHOTO: Heidi Niblack



The smiles on the travelers' faces say it all. For ten glorious days 14 hardy folks, including Adventures in Learning members and Colby-Sawyer College alumni and friends, explored northern Spain together. Old friendships were renewed and new ones were formed.

- A paella cooking class using the fresh ingredients found at the market.

A tired but happy group of travelers returned to New London on May 30, with many wonderful memories of northern Spain. For an expanded commentary, go to www.colby-sawyer.edu and type in "Galligan's Travels" on the homepage. With wit and humor President Galligan brings the adventure alive.

~Ginny Callahan

Adventures in Learning Happenings



Samples of student artwork from Chris Bowditch's spring 2013 AIL course "Beginning Figure Drawing"



Members of the spring 2013 AIL course "The White Mountains" are seen boarding the Cog Railway to travel to the summit of Mount Washington. At the summit they were greeted with high winds and cloud cover that cleared on their ride down from the summit revealing spectacular views of the Presidential Range.



Brenda Watts

AIL Board Welcomes Brenda Watts

"Sold Out!" is often associated with the courses taught by Brenda Watts. Her passion is for the Isles of Shoals, their history, ecology, spirituality, people—everything that has made this family of islands off New Hampshire's coast attractive to

pirates, artists, writers and more.

Brenda brings a breadth of experience to the AIL board both as a volunteer and as a professional. She is a 27-year conferee on the Isles of Shoals' Star Island and a member of its Historical and Research Association. She is a lifetime educator and volunteer in schools, hospitals and the Cooperative Education Service. Brenda and her husband, Joe, now live in Grantham, N.H.

~Maggie Ford

Board of Directors

Joanna Henderson, *president*
Julie Machen, *vice president*
Dan Schneider, *secretary*
Tom Stark, *treasurer*

Directors at Large

Betsy Boege
Dick Cavallaro
Van Crawford
John Ferries
Joyce Kellogg
Chuck Kennedy
Gene Lariviere
Mike Moss
Pat Stewart
Aarne Vesilind
Brenda Watts

Public Relations Committee

Joyce Kellogg, *Chair*
Kathleen Belko
Betsy Boege
Sheldon Boege
Maggie Ford
Jennifer Mack
Maureen Rosen
Deb Rucci

Ex-officio

Heidi Beckwith



Adventures in Learning's *Horizons Extra* highlights the activities of the lifelong learning program at Colby-Sawyer College.

The thoughts and opinions expressed in the articles in this publication are strictly those of the respective authors.

Information offered should not be considered authoritative or complete, nor should it be construed to reflect the views or opinions of the Adventures in Learning program or Colby-Sawyer College.

Credits**Design and Production:**

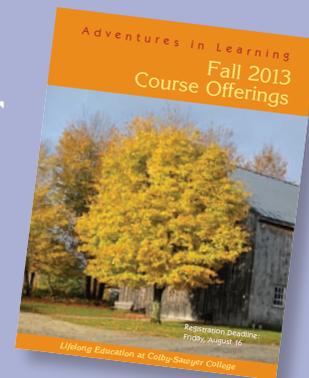
Lisa Swanson, Second Story Design
Manchester, N.H.

REMINDER:

Registration deadline for
fall courses is **Friday,
August 16.**

*There is still time to renew
your membership!*

Click [here](#) to pay your
membership dues and to register online.

**ILEAD announcement:**

ILEAD @ Dartmouth once again offers an exciting and provocative series of lectures focusing on the central topic, "The Digital Revolution: Promise and Threat." This year's series offers a comprehensive look at several aspects of this timely issue, from the possible benefits of new health care technology to the current trends in social media, as well as the potentially alarming developments in both politics and warfare. A distinguished roster of experts will appear each week in the Spaulding Auditorium on the Dartmouth College campus, including U.S. intelligence and counter-terrorism expert Richard Clarke; Kate Jhaveri, Facebook's director of consumer and mobile marketing; and David Sanger, Chief Washington correspondent for *The New York Times*.

Lectures take place each Wednesday from 9 a.m. to 12 p.m. Sessions run from July 10th through August 21st. For more information, contact the ILEAD office at (603) 646-0154.

ILEAD link for people to access the details: http://www.dartmouth.edu/ilead/summer_series/

**Inclement Weather Policy**

Adventures in Learning follows the Kearsarge Regional School District policy on weather closure. For information on the district's cancellations call (603) 526-2051 extension 224 or check WMUR TV channel 9. If a question remains about a course cancellation, please call your study group leader.