ADVENTURES IN LEARNING

Summer 2022 Course Offerings

Registration Opens:
Wednesday, May 18, 2022 at Noon

Registration Closes:
Wednesday, June 8, 2022

Colby-Sawyer College
Lifelong Education at Colby-Sawyer College
ADVENTURES IN LEARNING
Summer 2022
Term at a Glance

Cover photo: “A Gull in the Garden” by Joan Eaton

TUESDAY
9:30 - 11:30 a.m. How to Self-Publish Your Book / Tom Farmen
3 weeks beginning June 21 in the AIL Classroom, Lethbridge Lodge, Colby-Sawyer College

3 - 5 p.m. Sleight of Hand Magic / Bruce Cronin
4 weeks beginning June 21 in the AIL Classroom, Lethbridge Lodge, Colby-Sawyer College

WEDNESDAY
9:30 - 11:30 a.m. The Normal Aging Process: What to Expect and How to Slow it Down! / Don Catino
4 weeks beginning June 22 in the AIL Classroom, Lethbridge Lodge, Colby-Sawyer College

3 - 5 p.m. Summertime is for Painting / Fran Wilson
6 weeks beginning June 22 in the Community Room at St. Andrew’s Episcopal Church, New London

THURSDAY
9:30 - 11:30 a.m. Post-COVID Retirement Planning: Does Your Plan Need Updating? / Evan Roberts
4 weeks beginning June 23 in the AIL Classroom, Lethbridge Lodge, Colby-Sawyer College

3 - 5 p.m. Classical Mythology for Grown-Ups / Philip Freeman
3 weeks beginning June 23 in the AIL Classroom, Lethbridge Lodge, Colby-Sawyer College
How to Self-Publish Your Book

Study Group Leader: Tom Farmen
3 weeks beginning June 21
Tuesdays, 9:30 - 11:30 a.m.
AIL Classroom, Lethbridge Lodge,
Colby Sawyer College
Maximum number of participants: 40

This fun, three-session program will work through the checklist of items and the associated costs that are necessary before your creative plot, dazzling photographs, delicious recipes or expository masterpiece can find its way to a stranger’s bookshelf or coffee table. Writing a book is generally easier and more enjoyable than self-publishing the manuscript. Holding that final product in your hands and noting the first sale is wonderfully gratifying and well worth the effort.

Discussion topics include:
• Self-publishing vs. using a literary agent
• Choosing test readers
• Building a budget
• Selecting a title
• The editing process
• Copywriting your work
• Offering Hardcover, paperback, e-book versions
• Choosing your front and back cover designs
• Selecting a self-publishing/Printing company
• Registering your bar codes
• Choosing fonts and page design
• Pricing decisions
• Distribution channels
Bruce Cronin

Bruce Cronin has had a life-long association with media and entertainment. He is a retired professor of film. He headed up the film program at Emerson College where he also taught courses in film production and screenwriting. Prior to this, he was a professional magician performing at supper clubs and theaters throughout the United States and Canada. These venues included The Coconut Grove and Shrine Auditorium in Los Angeles, The Hollywood Bowl, The Thunderbird Hotel in Las Vegas, and The Queen Elizabeth Hotel in Montreal. He also has extensive experience teaching magic to people of all ages. He now looks forward to sharing his talent with the participants of this course.

Sleight of Hand Magic

Study Group Leader: Bruce Cronin
4 weeks beginning June 21
Tuesdays, 3 - 5 p.m.
AIL Classroom, Lethbridge Lodge,
Colby Sawyer College
Maximum number of participants: 15

The appeal of magic has no boundaries; it strikes a chord with people of all ages. Here is an opportunity to actually learn how to do magic from a professional magician.

Using common everyday articles such as rubber balls, coins, ropes and playing cards, students will be taught skills as well as effective presentation. Whether you are a beginner and want to learn a few tricks to entertain family members or an already practicing magician who wants to improve your skill, Mr. Cronin will tailor his instruction to the individual.

An added bonus: since all of the magic will be realized by clever use of the hands, the student’s manual dexterity will be challenged and no doubt improved.
The Normal Aging Process: What to Expect and How to Slow it Down!

Study Group Leader: Don Catino
4 weeks beginning June 22
Wednesdays, 9:30 - 11:30 a.m.
AIL Classroom, Lethbridge Lodge,
Colby Sawyer College
Maximum number of participants: 30

Back by popular demand with updated information! This course will review normal aging changes in each organ system: heart, lungs, kidneys, digestive system, endocrine organs, brain, muscles, bones, joints, sexual organs, eyes, ears, and skin. Participants will then have a better sense of what to expect with aging, and what may be abnormal or a disease. We will review what is known about how to slow down the aging process and how to “age well.” There will be PowerPoint presentations and handouts for each presentation and there will be ample time for questions.
Summertime is for Painting

Study Group Leader: Fran Wilson
6 weeks beginning June 22
Wednesdays, 3 - 5 p.m.
The Community Room, St. Andrew’s Episcopal Church, New London
Maximum number of participants: 10


Participants will have an opportunity to create and express on canvas with acrylic paints and brushes, or pen, charcoal and colored pencil on paper, as they explore summer themes and colors. The course is open to all ages and stages of artists for a six-week session. Those who haven’t painted for years but enjoy expressing themselves creatively by drawing or painting are encouraged to take this course. Completed works will be critiqued by class peers which is part of the learning process.
Post-COVID Retirement Planning: Does Your Plan Need Updating?

Study Group Leader: Evan Roberts
4 weeks beginning June 23
Thursdays, 9:30 - 11:30 a.m.
AIL Classroom, Lethbridge Lodge, Colby Sawyer College
Maximum number of participants: 40

People dream of retirement but often find the reality pretty complicated – even scary. This course aims to help those considering, entering, or in the early stages of retirement. This interactive, four-week course will be tailored to individual circumstances. We’ll cover how to best review and manage your own assets, go over some of the common pitfalls that snag individual investors, and discuss how best to avoid them.

This course will address important questions such as:
• How will my health insurance needs change when I retire and how do I handle that?
• How do I make the best use of Social Security and personal insurance options?
• Should I change my investment strategy once I’m no longer working?
• Have I put enough away to retire and how will taxes affect me in retirement?
• What about my heirs? What kind of estate planning makes sense?
• How much is enough?
• When can I confidently retire?
• How should my plan change once I am in retirement?

We’ll use real world examples to help address and analyze these and other questions. Class participation and discussion is strongly encouraged.

Evan Roberts
Evan is a native of Cornwall, Vermont, where he grew up on a dairy farm. He went on to major in Finance at Bryant University in Smithfield, Rhode Island. He now works on a team of financial advisors with Merrill Lynch in Hanover, New Hampshire, specializing in assisting individuals and businesses with retirement, succession, and benefit planning. Evan enjoys hiking, skiing, tennis, hockey, lacrosse and also volunteers with the Ausbon Sargent Land Trust in New London, where he lives with his wife, Sarah, and children.
Classical Mythology for Grown-Ups

Study Group Leader: Philip Freeman
3 weeks beginning June 23
Thursdays, 3 - 5 p.m.
AIL Classroom, Lethbridge Lodge, Colby Sawyer College
Maximum number of participants: 40

Many of us grew up reading the wonderful myths of the ancient Greeks and Romans, but these tales are much more than just stories for children. In this class we will look at the best of classical mythology from a grown-up point of view, including stories of the creation of the world, gods and heroes, the Trojan War, heartbreaking love, and family struggles. We’ll pay special attention to the way women are represented in ancient myths and how they often hold the stories together.

Required reading:
Oh My Gods: A Modern Retelling of Greek and Roman Myths

Philip Freeman

Philip is a professor of Classics and Humanities at Pepperdine University and has taught Greek and Roman mythology for many years. He and his wife recently bought a home for summers and eventual retirement in beautiful Wilmot, New Hampshire. He loves teaching adults in the Adventures in Learning program and looks forward to exploring these wonderful stories with them.
Course Registration Form

Courses start the week of June 20, 2022

If you are a new member, how did you hear about us?

Prefix ______ Name ________________________________
Nickname (for name tag) ______________________________
Mailing Address ______________________________________
Street Address _________________________________________
Town _______________________________________________
State _______________ Zip Code __________________________
Phone _______________ Email _____________________________
Emergency Contact ____________________________ Phone ____________

Course confirmations, class rosters, special event announcements, and alerts are sent via email.
Please check the course(s) for which you wish to register.

<table>
<thead>
<tr>
<th>Course</th>
<th>Day/Time</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. How to Self-Publish Your Book</td>
<td>Tues. 9:30 - 11:30 a.m.</td>
<td>$40 / $45</td>
</tr>
<tr>
<td>2. Sleight of Hand Magic</td>
<td>Tues. 3 - 5 p.m.</td>
<td>$40 / $45</td>
</tr>
<tr>
<td>3. The Normal Aging Process: What to Expect and How to Slow it Down</td>
<td>Wed. 9:30 - 11:30 a.m.</td>
<td>$40 / $45</td>
</tr>
<tr>
<td>4. Summertime is for Painting</td>
<td>Wed. 3 - 5 p.m.</td>
<td>$50 / $55</td>
</tr>
<tr>
<td>5. Post-COVID Retirement Planning: Does Your Plan Need Updating?</td>
<td>Thurs. 9:30 - 11:30 a.m.</td>
<td>$40 / $45</td>
</tr>
<tr>
<td>6. Classical Mythology for Grown-Ups</td>
<td>Thurs. 3 - 5 p.m.</td>
<td>$40 / $45</td>
</tr>
</tbody>
</table>

Please check here to become a new member $50
Please check here if you wish to make a donation to AIL $ ________

Course fees, 2022-2023 Membership, Gift.  TOTAL $ ________

Note: For mail-in or drop-off registrations, each registrant must complete a separate registration form and mail it in or drop it off in the drop box located in the Lethbridge Lodge entryway. This form must be received by noon on Wednesday, June 8, 2022.
Don’t miss a moment of the magic!

We invite you to secure your seats and join us now for the 90th season at the New London Barn Playhouse!

Not only will we welcome you back for a jam-packed line-up of thrilling performances, but you will also discover many exciting upgrades to your experience, such as an expanded new porch, patron bathrooms on the theater level, a new courtyard, and an elevator from the newly paved and organized parking lot.

We’ll See You on the Porch!

- 63rd Annual Straw Hat Revue - June 9th - 12th
- Spotlight Performances - July 15th and Aug. 15th
- Children’s Theater Series

New Air Exchange and Protection System Installed!

Questions? Please call the box office at 603.526.6710

Visit us online at NLBARN.ORG

A Chorus Line
June 15th - June 26th

She Loves Me
June 29th - July 10th

Boeing Boeing
July 13th - July 17th

Mamma Mia!
July 20th - August 7th

Footloose
the musical
Aug. 10th - Aug. 21st

Almost, Maine
Aug. 24th - Sept. 4th
The Curriculum Committee of Adventures in Learning is delighted to bring you six courses for the summer 2022 term. We wish to thank Colby-Sawyer College and St. Andrew’s Episcopal Church for providing space for our summer courses.

Registration Process
Pay from the convenience of your own home using the college’s safe and secure online payment system, Storefront, at www.colby-sawyer.edu/adventures/courses/html. When registering for courses, paying membership dues, and making a donation to AIL online, multiple transactions can be made with a single payment.

You may complete a paper form and mail it to the AIL office or drop it off in the AIL mailbox located in the vestibule of Lethbridge Lodge.

Name Badges
Course participants who have not already received a permanent name badge will receive an adjustable, lanyard-style badge to be used in all future AIL courses. Participants should be sure to store their badge in a safe place. The replacement fee is $3.

Colby-Sawyer College COVID-19 Protocol
As members of the Colby-Sawyer College community, the AIL Office kindly requests that all AIL members participating in classes on campus respect the protocols and guidelines for COVID-19 set forth by the college. Colby-Sawyer requires individuals to be fully vaccinated and boosted to participate in AIL classes that take place on campus.

Guest Policy
Many of our courses are oversubscribed and have a waiting list. As a courtesy to our membership, please remember that attendance in AIL classes is reserved for those individuals who have enrolled in the course.

Disclaimer: The views and opinions expressed in Adventures in Learning (AIL) classes and presentations are those of the individual presenters and class participants and do not necessarily represent the views and/or opinions of Colby-Sawyer College.

If mailing or dropping off your registration form, please make checks payable to Colby-Sawyer College and mail to:

Adventures in Learning
Colby-Sawyer College
541 Main Street, New London, NH 03257
ADVENTURES IN LEARNING
541 Main Street
New London, NH 03257

Address Service Requested

Administration Office
The AIL office is located on the ground floor of Danforth Hall on the Colby-Sawyer College campus. The AIL office kindly asks that you call to schedule your visit.
9 a.m. to noon or by appointment
(603)526-3690 / adventures@colby-sawyer.edu
Staff: Nina Tasi, Kacie Landry