



Colby-Sawyer  
College

## Exercise and Sports Science Fellowship Position Description

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**Fellowship Organization:** Dartmouth Centers for Health and Aging

**Fellowship Position Title:** Falls Prevention Program Assistant

**Fellowship Address:** 46 Centerra Parkway, Box 201, Lebanon, NH  
03766



**Fellowship Supervisor Name:** Dawna Pidgeon, PT, Ellen Flaherty, Ph.D, APRN, AGSF

### Fellowship Organization Information:

The Dartmouth Centers for Health and Aging was created in 2008 and includes three distinct centers that focus on different aspects of geriatric care. Our centers include:

**The Aging Resource Center** is our community facing center. We offer a wide range of free classes and programs to older adults in the community. Program topics include advanced care planning, fall prevention, physical fitness, healthy aging, technology, dementia education and caregiving, spiritual care and the arts.

**The Northern New England Geriatric Education Center** provides geriatric care training for healthcare professionals and caregivers. A core grant funded program provides training to primary care practice staff on assessing older patients for memory issues, fall risk, medication compliance, mental health problems, access to resources and other aging-related concerns.

**The Center for Aging Research** focuses on implementing research findings that will improve the quality of life and health of older adults.

### Fellowship Responsibilities:

This fellowship will focus around fall prevention and physical activity initiatives. General activities may include:

- Provide falls risk screening to older adults
- Assist with providing educational opportunities
- Assist with falls prevention administrative duties
- Lead evidence-based program fall prevention and physical activity workshops
- Assist with community outreach and recruitment for physical activity and fall prevention programs
- Additional program responsibilities as needed

**Qualifications / Pre-requisites:****Tentative Fellowship Schedule:**

The Dartmouth Centers for Health and Aging is open M-F from 8:00 a.m. to 5:00 pm. Much of the activity is currently delivered remotely and may continue to be at the time of the Fellowship. Some activities will be onsite at either the Dartmouth Centers for Health and Aging, Dartmouth Hitchcock Medical Center or in the Upper Valley community.

A desire to work with older adults in different settings both individually and in groups is required. Health will provide all orientation training required. Dartmouth Centers for Health and Aging will provide any training or certification needed to lead programs.