



Colby-Sawyer  
College

## Exercise and Sports Science Fellowship Position Description

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**Fellowship Organization:** Dartmouth Hitchcock Medical Center,  
Digestive Health Center



**Fellowship Position Title:** Digestive Health Center Program Assistant

**Fellowship Address:** One Medical Center Drive, Lebanon, NH 03756

**Fellowship Supervisor Name:** Lauren Barry 603-650-4988, [Lauren.A.Barry@Hitchcock.org](mailto:Lauren.A.Barry@Hitchcock.org)

### Fellowship Organization Information:

The Weight and Wellness Section is the only fully integrated and multidisciplinary academic weight management center in the state of New Hampshire. The adult consultative clinic is a physician-led program providing comprehensive evaluations and management of obesity as a chronic disease with a focus on health and wellness. In addition to both Pediatric and Adult Physicians our team includes registered dietitians, certified health coaches, wellness nurses, and an integrated culinary medicine team. This program is under the umbrella of our new Center for Digestive Health, a collaboration between Gastroenterology and Hepatology, Weight and Wellness, and Digestive Surgery in Dartmouth Hitchcock Health in Lebanon, NH to support patient in their digestive health needs.

### Fellowship Responsibilities:

This fellowship will focus around various initiatives in the Center for Digestive Health. The focus will be adjusted based on fellow interests. General activities may include:

- Working with our 2 health coaches to develop programmatic improvements to our healthy lifestyle (HLP) program with patients.
- Assisting with review and improvement of group classes for our patients for nutrition, culinary, behavioral health, exercise, mindfulness.
- May participate in voice of the customer interviewing of patients and the care team to decipher what's going well and what areas need opportunity.
- Collects, reports, and utilizes health behavior and biometric measures to assist clients in managing self-care.
- Collaborates with other professionals in the development of care plans and improvement of care coordination
- Opportunity for collaboration in novel research projects and clinical trials in obesity medicine
- Develops recommendations for future programs/services.
- Partners with other members of the care team to review current workflows and update existing protocols

**Qualifications / Pre-requisites:**

The ability to work with a variety of health care team members

High degree of organization and professionalism

The site will provide any specific training and orientation to our team

**Tentative Fellowship Schedule:**

The Center for Digestive Health pen M-F from 8:00 a.m. to 5:00 pm. Much of the activity is currently delivered remotely and may continue to be at the time of the Fellowship. Some activities will be onsite at Dartmouth Hitchcock Medical Center.