



Colby Sawyer
College

Exercise and Sports Science Fellowship Position Description

Fellowship Organization: Quinnipiac University

Fellowship Position Title: Strength and Conditioning Fellow

Fellowship Address: 275 Mt. Carmel Ave Hamden, CT 06518

Fellowship Supervisor Name: Brijesh Patel



STRENGTH &
CONDITIONING

Fellowship Organization Information:

The Quinnipiac Strength and Conditioning Fellowship program is designed to provide students the opportunity to work with Division I athletes and to develop the hands-on-skills to start a successful career as a collegiate strength and conditioning coach, sports performance specialist, personal trainer or fitness center director.

Fellowship Responsibilities:

Fellows must be committed to the field of Strength and Conditioning and be eager to learn and participate in all areas. Each fellow will be responsible for developing a positive rapport with the student-athletes while maintaining a professional distance. The fellow will learn to establish themselves as a strength & conditioning professional to not only the student-athletes, but to all coaches and administrators as well.

Qualifications / Pre-requisites:

A strong desire to learn.
CSCS or working towards.
First Aid/CPR

Tentative Fellowship Schedule:

M-F 7am-5pm