



Colby-Sawyer
College

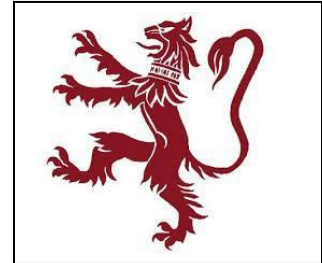
Exercise and Sports Science Fellowship Position Description

Fellowship Organization: Phillips Exeter Strength & Conditioning

Fellowship Position Title: Strength & Conditioning Coach

Fellowship Address: 20 Main St. Exeter, NH 03833

Fellowship Supervisor Name: Shaun Fishel



Fellowship Organization Information:

Phillips Exeter Academy is a coeducational independent boarding school for boarding and day students in grades 9 through 12, and offers a postgraduate program. Located in Exeter NH, it is one of the oldest secondary schools in the United States. Phillips Exeter Academy Athletic program boasts 63 interscholastic athletic teams.

Each successful candidate will be assigned 2-3 Varsity/ Junior Varsity High School athletic teams to design and implement in season strength and conditioning programs. As well as assisting with all athletic programs on campus. Each candidate will also be responsible for communicating and scheduling with the assigned sport Head Coach. There will be direct mentoring from the Head and Assistant Strength & Conditioning Coach via daily and weekly staff meetings and performance reviews that will cover an education curriculum and professional development activities. The expected outcome of this assignment is that each candidate gain the necessary competencies and become prepared to excel as a successful Strength and Conditioning coach.

Fellowship Responsibilities:

It will be the responsibility of each successful candidate to create a comprehensive physical preparation program for multiple varsity/ junior varsity sport teams, attend all staff meetings, complete educational requirements, and participate in professional development activities. Schedules will be individualized based on class schedules and coaching assignments.

Qualifications / Pre-requisites:

- Experience within the field of Strength and Conditioning or related areas
- A nationally recognized strength and conditioning certification (CSCS, CSCCa)
- CPR / First Aid certification
- Strong work ethic and desire for personal and professional improvement

Tentative Fellowship Schedule & Compensation (If Applicable):

Student will receive course credit for participation. Schedule will be determined upon placement.