



Colby Sawyer
College

Exercise and Sports Science Fellowship Position Description

Fellowship Organization: University of Minnesota Duluth

Fellowship Position Title: Graduate Fellow

Fellowship Address: 1216 Ordean Ct. Duluth, MN 55812

Fellowship Supervisor Name: Cory Chapp



Fellowship Organization Information:

The UMD Strength and Conditioning department operates with the mission to create an environment where athletes are able to develop personally and competitively. We coach with the philosophy of utilizing a well-rounded experience and science-based approach to help the student athletes optimize performance and increase player availability. UMD is home to 14 Varsity Sports, including M&W's Ice Hockey, Football, M&W's Basketball and Volleyball.

Fellowship Responsibilities:

- Design & Implementation of sport specific strength and conditioning programs for assigned team(s)
- Assist in all training and preparation for assigned varsity sports
- Participate in weekly professional development & staff meetings
- Have a working knowledge and adherence to all NCAA, NSIC, NCHC & WCHA rules & regulations
- Understand the institutional and departmental mission, goals & Core Values
- Develop strong working relationships with administration, coaching, and support staff within Athletic Department.

Qualifications / Pre-requisites:

- Bachelor's Degree – In related field preferred
- CSCS, SCCC & USAW Certification (Preferred/Pursuing)
- Previous Strength and Conditioning experience in collegiate setting
- Experience in designing and implementing training programs

Tentative Fellowship Schedule:

- Weekday schedule, excluding holidays.
- Early Mornings (6:00am – 10:00am) and/or Afternoons (2:00pm – 6:00pm)
- Depending on assigned team(s) schedule

