

**What Do I Need to Bring?** It is easy to overlook all the little things that are found at home. The following list has been developed over the years for your reference.

At Colby-Sawyer, we encourage students to think about creating a greener campus from the start, by reducing unnecessary purchases, reusing what you already have, and recycling what you don't need. Items with "☿" offer environmentally-friendly and/or non-toxic alternatives, which are detailed at the end of the list.

It may be a good idea to make some purchases after you've been here for a week or two. Once you're settled into your room and your schedule, you'll have a better sense of what you really need. Below is a list of items that we think you might want to consider. We hope you find it helpful.

Note: This list is certainly not exhaustive, but it is important to know that all items are not required either. We have marked the most essential items with an asterisk (\*).

#### Important Documents & Critical Items

- File box with files for financial aid, housing, courses
- Insurance information\*
- Social Security number (if work-study student, two forms of ID are required)\*
- Health records
- Checkbook / ATM card
- Cellphone or pre-paid long-distance calling card\*
- List of important phone numbers / address book

#### Toiletries & Personal Items

- Prescription medications\*
- Bath robe
- Shower tote or caddy
- Shower shoes
- Over door towel rack
- Cosmetics ☿
- Nail clippers, files
- Tweezers
- Hair dryer ☿
- Brush / comb
- Soap, shampoo, conditioner ☿
- Glasses, contact lenses, lens solution
- Deodorant ☿
- Toothbrush, toothpaste, mouthwash, floss ☿
- Razor, shaving cream ☿
- Bath towels, hand towels, wash cloths ☿
- Beach towel
- Sun block ☿
- Cotton swabs ☿
- Tissues ☿
- Vitamins
- Cough drops
- First aid kit (band-aids, pain reliever, etc)

#### Linens & Bedding Items

- Extra-long twin sheets (80 inches)\* ☿
- Pillows and pillow cases\* ☿
- Blanket and spread or comforter (washable)\*
- Mattress pad
- Alarm clock\*

#### Moving, Storage, and Closet Items

- Milk crates
- Stacking baskets or bins
- Trunk
- Stacking shelves / bookcase
- CD and DVD storage
- Lockbox
- Hangers
- Closet storage boxes or drawers

#### Wall & Door Items

- Over-door hooks
- Removable mounting tape
- Favorite posters and pictures
- Dry-erase board and markers

#### Laundry & Cleaning Items

- Laundry bag or basket
- Laundry detergent ☿
- Stain remover ☿
- Bleach or bleach alternative
- Fabric softener, dryer sheets ☿
- Lint brush / roller
- Portable ironing board
- Drying rack
- Sewing kit
- Cleaning supplies (all-purpose cleaner, wipes) ☿

#### Desk & Study Items

- Surge protector
- Computer
- Printer and paper
- USB storage device (flash drive)
- Daily planner ☞
- File folders
- Backpack or bookbag
- Desk pad
- Highlighters
- Pens, pencils ☞, and markers
- Pencil holder ☞
- Pencil sharpener
- Ruler
- Hole punch
- Letter tray / desk drawer organizer
- Scissors
- Tape and dispenser
- Stapler, staples, staple remover
- Paper clips
- Adhesive notes ☞
- Calculator
- Wastebasket ☞
- Desk lamp ☞
- 3-ring binders
- Notebooks / looseleaf paper ☞
- Index cards
- Dictionary / thesaurus
- White-out
- Rubber bands

#### Food Supplies & Items

- Forks, spoons, knives
- Cups, mugs, dishes
- Snacks ☞
- Chip clips
- Large sealable totes to store any open food\*
- Can opener
- Dish soap and sponge

#### Shared Items (you may want to check with your roommate before purchasing)

- Small refrigerator ☞
- Small microwave ☞
- Stereo / CD player
- Iron
- Small floor fan or window fan
- Television ☞
- DVD player
- Gaming console

- Area rug
- Broom & dustpan
- Floor lamp ☞
- Full length mirror
- Folding step stool
- Powerstrip

#### Items for Fun

- Camera
- Photo album
- High school yearbook
- Journal ☞
- Games
- Plants

#### Other Miscellaneous & Comfort Items

- ID & key ring holder
- Umbrella
- Extension cords
- Powerstrip w/ surge protector
- 3-pronged wall socket adaptor with 2 prongs
- Glue or super glue
- Flashlight and batteries
- Favorite movies
- Small tool kit

#### **What not to Bring** *The following items violate Fire Safety policies or are otherwise prohibited.*

- Candles
- Incense and incense burners
- Cooking appliances with exposed heating elements (ex. Hot pots and coffee pots)
- Flammable light covers
- Halogen lamps
- Any pets other than fish
- Large furniture that you won't be able to take home at the end of the year (summer storage is limited!)

**Note:** Generally, any electrical appliance is prohibited if it is rated over 1200 watts or 15 amps, or if it has an exposed heating element.

**Note:** We receive many questions about curtains. All residence hall rooms are equipped with shades or blinds on windows; curtains are not required.



Colby Sawyer  
College

## 🌱 Going Green? Check out these tips on what to look for in the store!

It can be difficult to choose the best products for your body and the environment with so many options on the shelf.

### Toiletries & Personal Items

- Look for products that have more all-natural ingredients than chemicals.
  - Cosmetics
  - Soap, shampoo, conditioner
  - Deodorant
  - Toothpaste, mouthwash
  - Shaving cream
- Opt for minimal packaging, such as bars rather than liquid.
  - Soap, shampoo, conditioner
  - Shaving cream
- Avoid plastic.
  - Toothbrush (wood or metal)
  - Razor (metal or multiple-use plastic)
  - Cotton swabs (wood handles)
- Purchase natural fabrics, they are not as harmful to ecosystems as synthetic ones.
  - Bath towel, hand towel, wash cloth
- Look for the Forestry Stewardship Council certification.
  - Tissues
  - Wooden toothbrushes
- Choose zinc- based sunblock over oxybenzone to keep coral healthy.

### Linens & Bedding Items

- Purchase natural fabrics, they are not as harmful to ecosystems as synthetic ones.
  - Sheets
  - Pillows & pillow cases
  - Blanket & spread or comforter

### Laundry & Cleaning Items

- Look for products that have more all-natural ingredients than chemicals.
  - Laundry detergent
  - Cleaning supplies
  - Stain remover
  - Fabric softener
- Use alternatives.
  - dryer sheets (use wool balls or DIY)
  - Stain remover (DIY or shaving cream)
  - Cleaning supplies (DIY!)

### Desk & Study Items

- Go electronic.
  - Daily planner
  - Notebooks
  - Adhesive notes
- Look for the Forestry Stewardship Council certification.
  - Pencils
  - Notebooks / looseleaf paper
- Wastebasket
  - Remember to recycle by keeping a separate bin next to the trash.
- Save energy.
  - Desk lamp (use LED bulbs)

### Food Supplies & Items

- Buy local, organic, and Fair Trade.
  - Snacks
- Look for products that have more all-natural ingredients than chemicals.
  - Dish soap
- Bring a reusable bag when shopping.

### Shared Items

- Save energy.
  - Refrigerator (opt for Energy Star appliances)
  - Microwave (opt for Energy Star appliances)
  - TV (opt for Energy Star appliances)
  - Floor lamp (use LED bulbs)

### Items for Fun

- Go electronic.
  - Journal

**Tip:** Save energy by powering down your devices when you're not using them.

**Tip:** Check out the Green Living Guide for more!

