



Psychological Disabilities

Documentation Guidelines:

Students diagnosed with a psychological disability are required to submit documentation prior to receiving accommodations or services. These guidelines describe the necessary components for acceptable documentation from your evaluator/school (psychologist, psychiatrist, psychiatric nurse, practitioner or clinical social worker). A letter with the DSM-V diagnosis and description of the psychiatric condition, its severity, and the related medications and treatments should include the following information:

- A narrative clinical summary with the date of the most recent visit (dated within the last six months)
- The diagnostic tests or criteria used to make the diagnosis **or** a brief history if this practitioner was not the evaluator, and a current status of the condition
- How the condition, medication and any resulting side effects could compromise function in the college setting
- A list of accommodations that have been provided in the past
- A list of recommended accommodations to help alleviate the symptoms functional limitations of the disability
- The health care provider's name, title, address, phone number and signature

Additionally, it is helpful to have a copy of the student's most recent Individual Education Program or 504 Plan from high school.

Students are encouraged to provide their care providers with a copy of these guidelines.